

# Christmas Saffron Bird



By J Kelynack

Published in the Old Cornwall Society Journal Vol.5 No. 10

As far back as I can remember I, with all the other members of our family, had a special bun made in the shape of a bird to eat on Christmas Eve. My mother and her brothers, and their parents, uncles and aunts had always done the same. My great-grandparents, when the Christmas saffron cake was being made, used to pick out pieces of the dough, make them into this bird-shape and bake them. Then each member of the family was given one and the dilly carol was sung.

My sister gave such buns to her children and my niece, who lives with me, says, "Yes, I remember that lovely bird".